

Disc Dice Doubles:

Hole	Beginner	Intermediate
1	Upside Down	4-6 Speed
2	Forehand	1-3 Speed
3	Left Handed	Move Up
4	7+ Speed	7+ Speed
5	Upside Down	1-3 Speed
6	Right Handed	Upside Down
7	1-3 Speed	Back Up
8	Worst Shot Doubles	Backhand
9	Right Handed	Left Handed

- This Chart ONLY Applies to the Tee Shot.
- Best Shot Doubles Applies on All Holes.
- Finish Hole However you normally would.

Right/Left Handed - Throw Using the indicated Hand

Upside Down - Throw Disc Upside Down

- _____ Speed - Only Use Discs in this Speed Range

Back Up/Move Up - Look for a Temp Tee Pad (Flags)

Forehand/Backhand - Use the Appropriate Shot.

Worst Shot - Regular Throws, Take Worst.