

NICKEL CITY DISC GOLF HIGH SCHOOL TOURNAMENT

SUPPORTED BY



WELCOME TO THE TOURNAMENT! THIS EVENT IS
ALL ABOUT FUN AND LEARNING THE GAME.

DOUBLES DISC GOLF: QUICK START GUIDE

HOW TO PLAY "BEST DISC" DOUBLES
WE ARE USING A SCRAMBLE FORMAT. IT'S A TEAM EFFORT!

- **Step 1:** Both partners throw from the tee.
- **Step 2:** Pick the "best" shot of the two.
- **Step 3:** Both partners throw their next shots from that spot.
- **Step 4:** Repeat until the disc is in the basket. Record one score for the team by counting the total number of strokes.

ESSENTIAL RULES

- **The Tee:** Keep at least one foot on the tee pad during your throw.
- **Your Stance:** When throwing from the fairway, place a "marker" (a disc) where your shot landed or keep your disc there. You must have one foot directly behind that marker (within the width of a piece of paper) when you release your next throw.
- **Putting:** When close to the basket (10 metres and in), you must stay behind your marker and stay balanced. No "jumping" toward the basket.
- **Out of Bounds:** A disc is considered out of bounds when the entire disc is surrounded by the OB (ie: in the water). If you elect to take this lie, players throw 1m from where the disc was last in bounds and add 1 penalty stroke to their score.
- **Course Etiquette:** Out of courtesy, please remain quiet and behind the line of play when others on your card are throwing.

PACE & FLOW

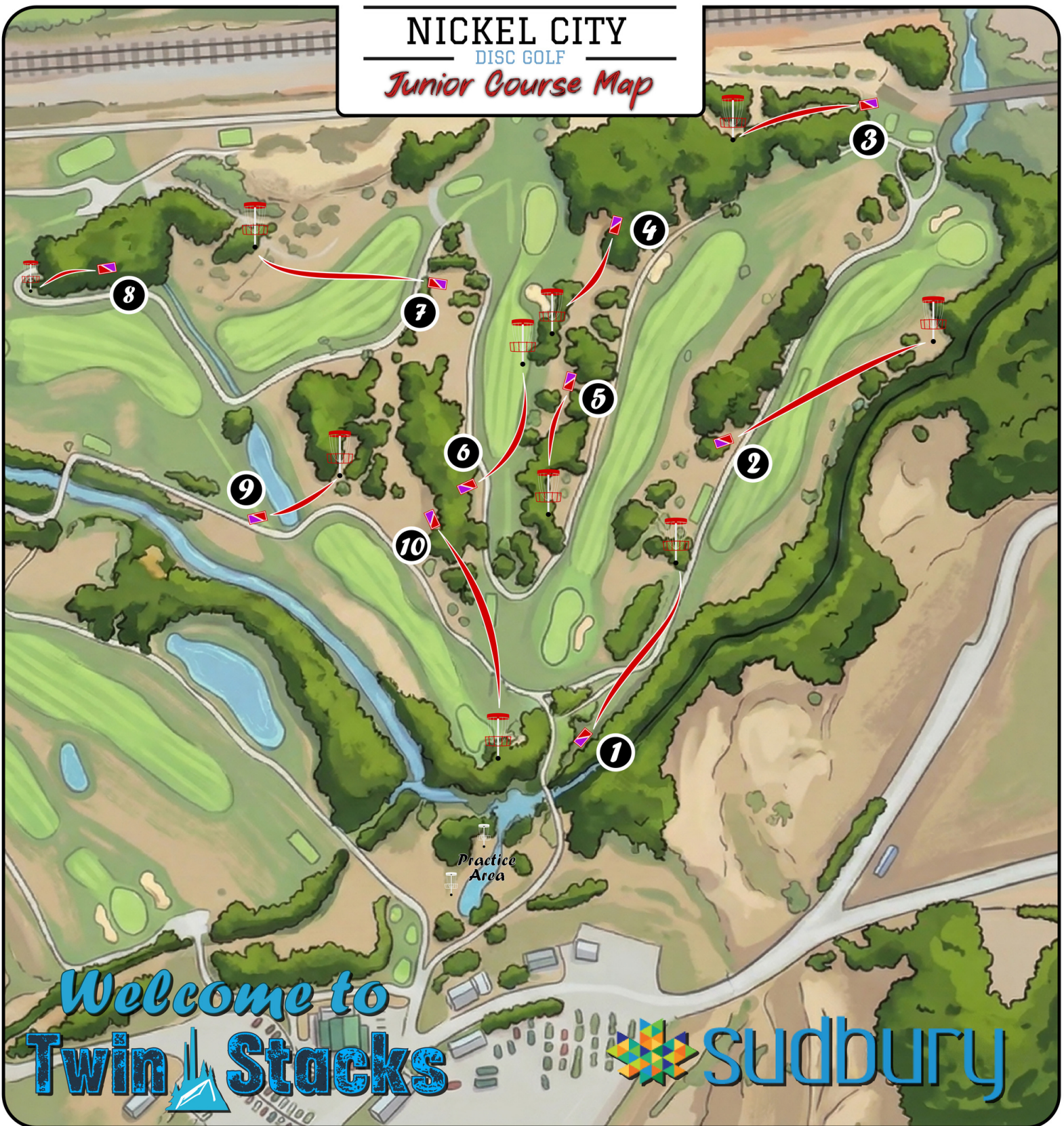
- **Be Ready:** While your partner or card mates throw, pick your disc and plan your line so you're ready when it's your turn.
- **3-Minute Rule:** If a disc is lost, the whole group helps look, but keep the search to 3 minutes to keep the tournament moving. If the disc is lost, play from your partners lie.
- **Scores:** Head to the next tee before logging your scores to clear the area for the group behind you. Scores can be kept on UDisc or on a paper scorecard. Confirm the score of your entire card and compare totals at the end of the round to make sure no mistakes were made.

RESPECT THE COURSE

- **Leave No Trace:** Use garbage cans or pack out your trash.
- **Nature First:** Never break branches or bushes to improve your shot.
- **Cart Paths:** Paths are still soft from the rain. Walk on the grass and avoid paths as much as possible.
- **Safety:** Always wait for pedestrians on paths to clear the area before you throw. All players should be behind the thrower.

Have fun, ask your card mates for tips, and enjoy the day!

NICKEL CITY
DISC GOLF
Junior Course Map



Welcome to
Twin Stacks



sudbury

SPECIAL THANKS TO OUR
SPONSORS

DISC

REPUBLIC



NICKEL CITY
DISC GOLF
Junior Course Map

Hole Pars, Distances and Out of Bounds

Hole 1: Par 3 Distance: 90m/ 295 ft
Out of Bounds (OB): Water and Right OB

Hole 2: Par 4 Distance: 104m/ 341 ft
OB: Water and Right OB, Casual Relief Bridge

Hole 3: Par 3 Distance: 75m/ 246 ft
No OB

Hole 4: Par 3 Distance: 61m/ 232 ft
OB: Ponds OB

Hole 5: Par 3 Distance: 32m/ 105 ft
OB: Water OB, Bunkers Hazard

Hole 6: Par 3 Distance: 58m/ 190 ft
OB: Water OB, Bunkers Hazard

Hole 7: Par 4 Distance: 107m/ 351 ft
OB: OB right side area in long grass (OB line defined by logs)

Hole 8: Par 3 Distance: 36m/ 118 ft
OB: Creek OB

Hole 9: Par 3 Distance: 43m/ 141 ft
OB: Pond OB

Hole 10: Par 5 Distance: 118m/ 387 ft
OB: Cart Path and Right OB, Island Green (OB line defined by logs), OB Golf Green, All
OB Play Last in Bounds



NICKEL CITY DISC GOLF CLUB

GET INVOLVED IN THE DISC GOLF COMMUNITY

NICKEL CITY JUNIOR LEAGUE

JOIN THE JUNIOR DISC GOLF LEAGUE THIS
SUMMER FOR COACHING AND
COMPETITIVE PLAY!

REGISTRATION FEE: \$100

INCLUDES A 3 DISC STARTER PACK, NCDGC
BASIC MEMBERSHIP, AND 6 WEEKS OF
PROGRAMMING. JULY 7, 14, 28, AUGUST 4,
11, 18 AT MOONLIGHT BEACH.

JUNIOR TWIN STACKS MEMBERSHIPS

ANNUAL JUNIOR MEMBERSHIPS
ARE \$150 +HST IN THE
CLUBHOUSE AT TWIN STACKS.

**ACCESS TO THE COURSE 7
NIGHTS A WEEK.**

LEAGUE MONDAYS
TUESDAY-WEDNESDAY 7PM
THURSDAY- SUNDAY 6PM

MONDAY NIGHT LEAGUES

FREE LEAGUE NIGHT FOR
JUNIORS ON MONDAYS AT TWIN
STACKS. *MUST BE A NICKEL CITY
DISC GOLF MEMBER* TWIN
STACKS MEMBERSHIP OR
GREENS FEES REQUIRED.

REGISTER ON SITE FROM 5:30-
5:45PM
SHOTGUN START AT 6PM

**NICKEL CITY
JUNIOR
DISC GOLF LEAGUE
MOONLIGHT BEACH**

Youth Disc Golf Lessons for ages 10-17

Registration Fee: \$100
Includes a 3 disc starter pack, NCDGC
Basic Membership, and 6 weeks of
programming

 **July 7, 14, 28, August 4, 11, 18**
from 5:30 - 7pm

 **Register Online:**
nickelcitydiscgolf.com

Learn More:


VOLUNTEER OPPORTUNITIES

LOOKING FOR WAYS TO EARN YOUR COMMUNITY
SERVICE HOURS? CONTACT US! WE NEED HOLE
SPOTTERS FOR TOURNAMENTS AND HELPING HANDS
WITH COURSE MAINTENANCE.



ALL QUESTIONS CAN BE DIRECTED TO
NICKELCITYDISCGOLF@GMAIL.COM
VISIT OUR WEBSITE FOR
REGISTRATION AND
TO LEARN MORE:
NICKELCITYDISCGOLF.COM